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Wishbone Formation - Selected Youth Football Plays by Coach Parker - **Version 1.01092021**

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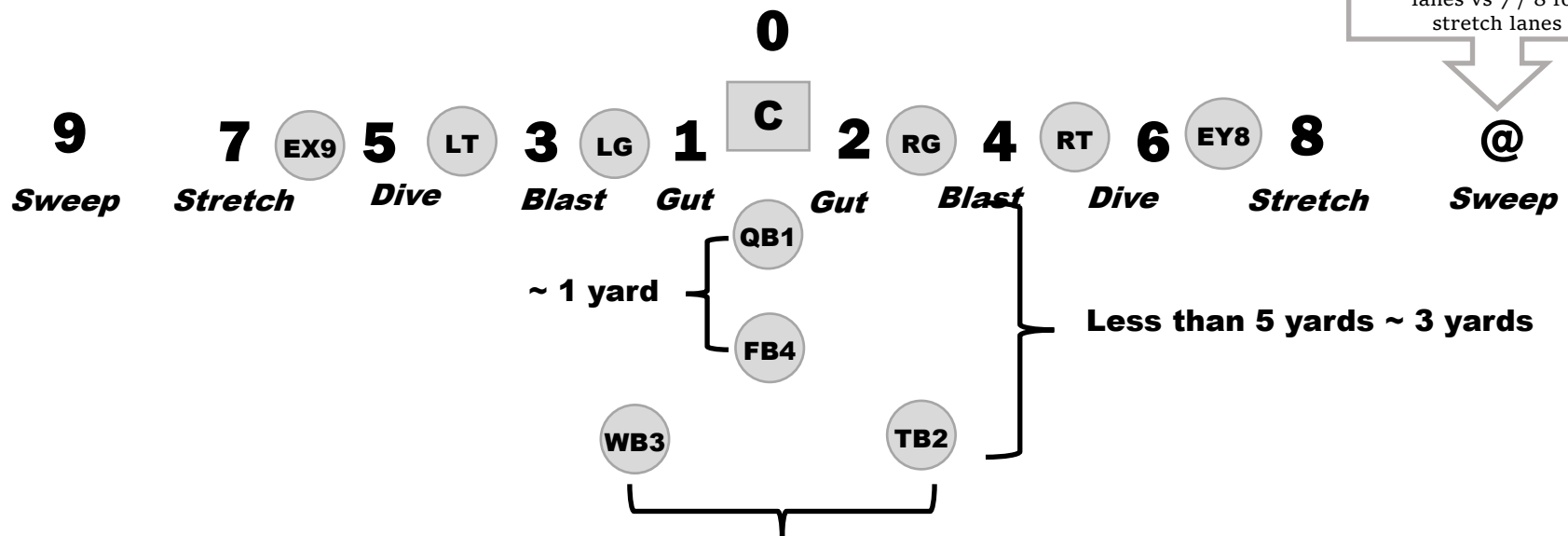
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Purpose of Book

- Develop Wishbone formation plays for youth football that are part of the Select Youth Football Play Series
- Develop Wishbone plays that will compliment the Power Wing Beast Offense Plays & Wildcat Multi Spread Plays
- Adding Wishbone plays that were successful for my youth Offenses over the last 20+ seasons
- Adding Wishbone Plays that were successful against my youth Defenses over the last 20 seasons
- Adding Wishbone Plays that I think will work in youth football
- Creating more power offense plays for youth football players
- A great idea book for youth football coaches

Hole Numbers, Lanes & Players



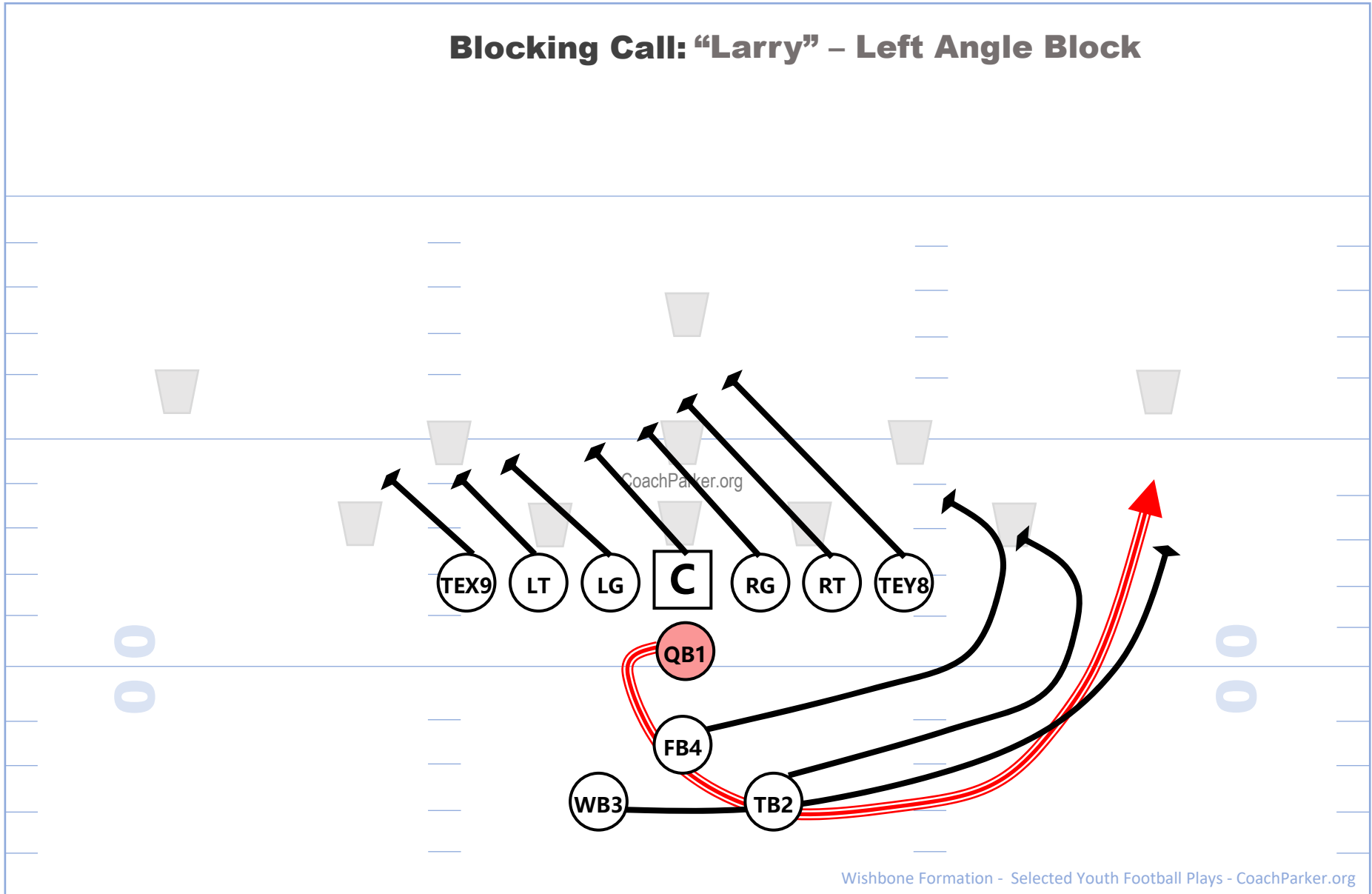
That's is the "at" symbol,
I use this and 9 to
describe wide sweep
lanes vs 7 / 8 for
stretch lanes

On OGs or in Gap Outside OGs no Wider than OTs

- Hole Numbering
- Running Lane Names
- Player Names / Numbering – Olineman
Numbers are inside Gap Number RG = #2
- O-Line Gap Splits 0 to 2' – prefer 6" to 1'
- RB Depth & Spacing

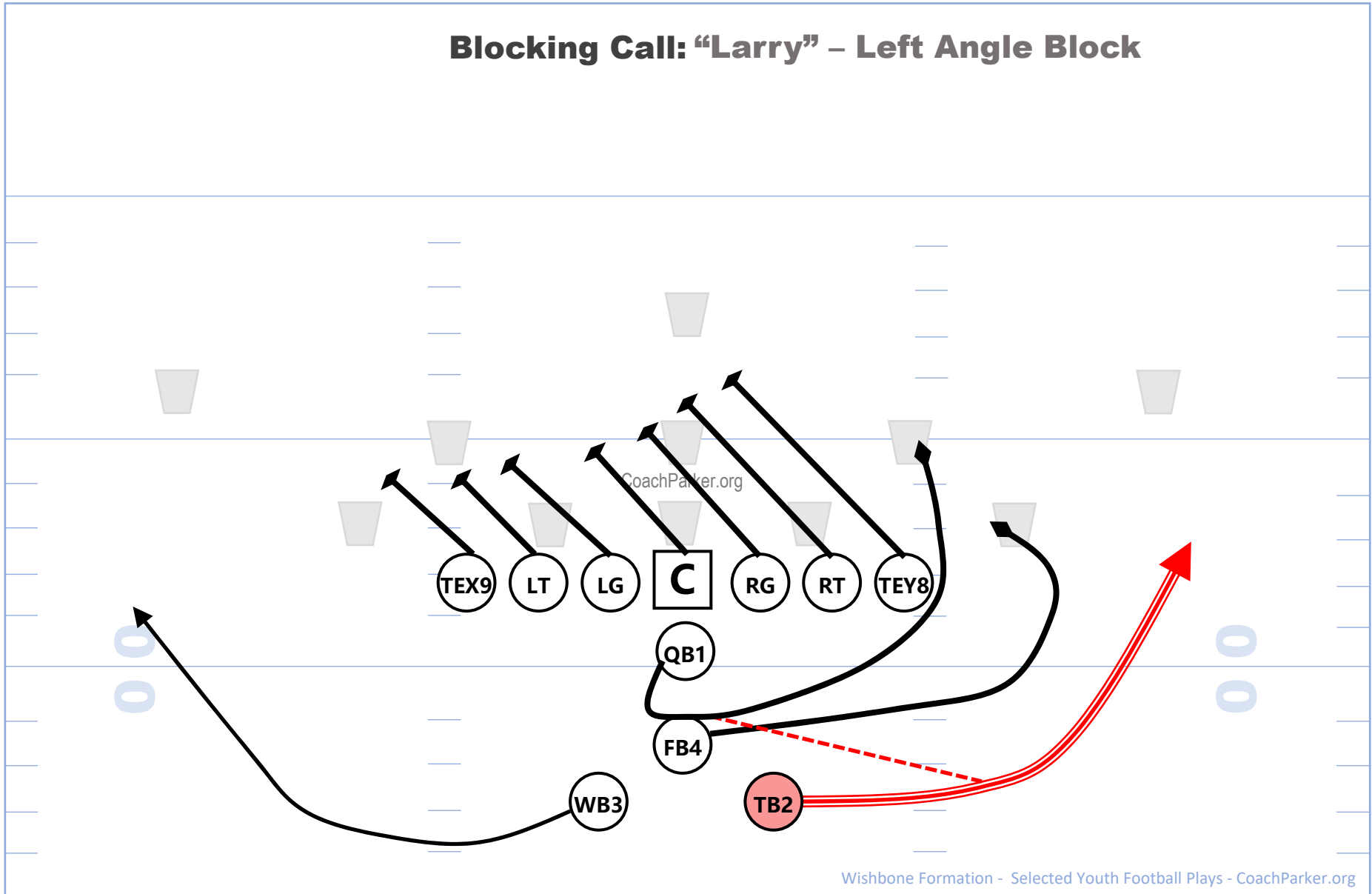
WB Spin QB 18 Power Lead Sweep

Blocking Call: "Larry" – Left Angle Block

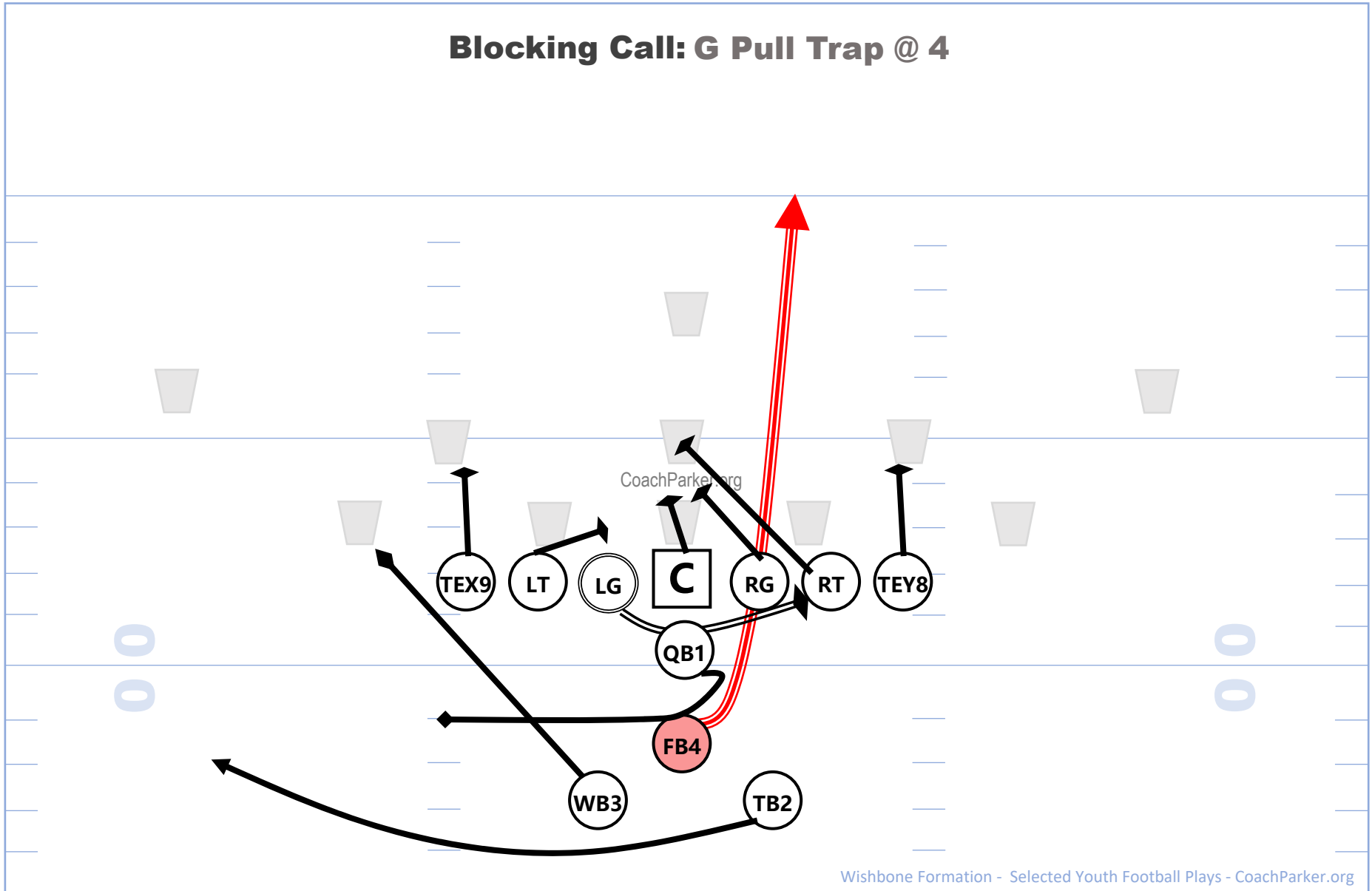


WB Spin TB 28 Toss Lead Sweep

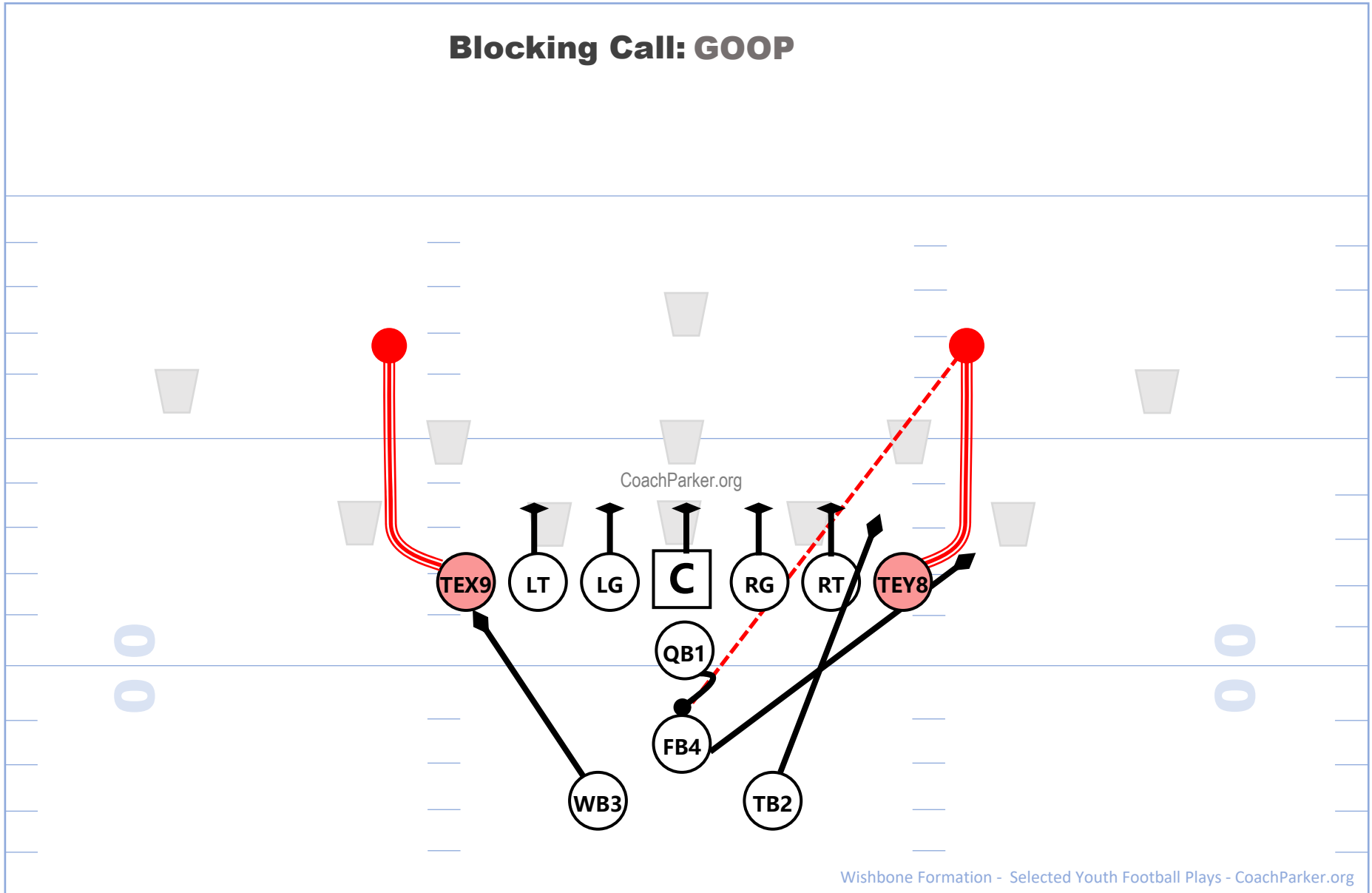
Blocking Call: "Larry" – Left Angle Block



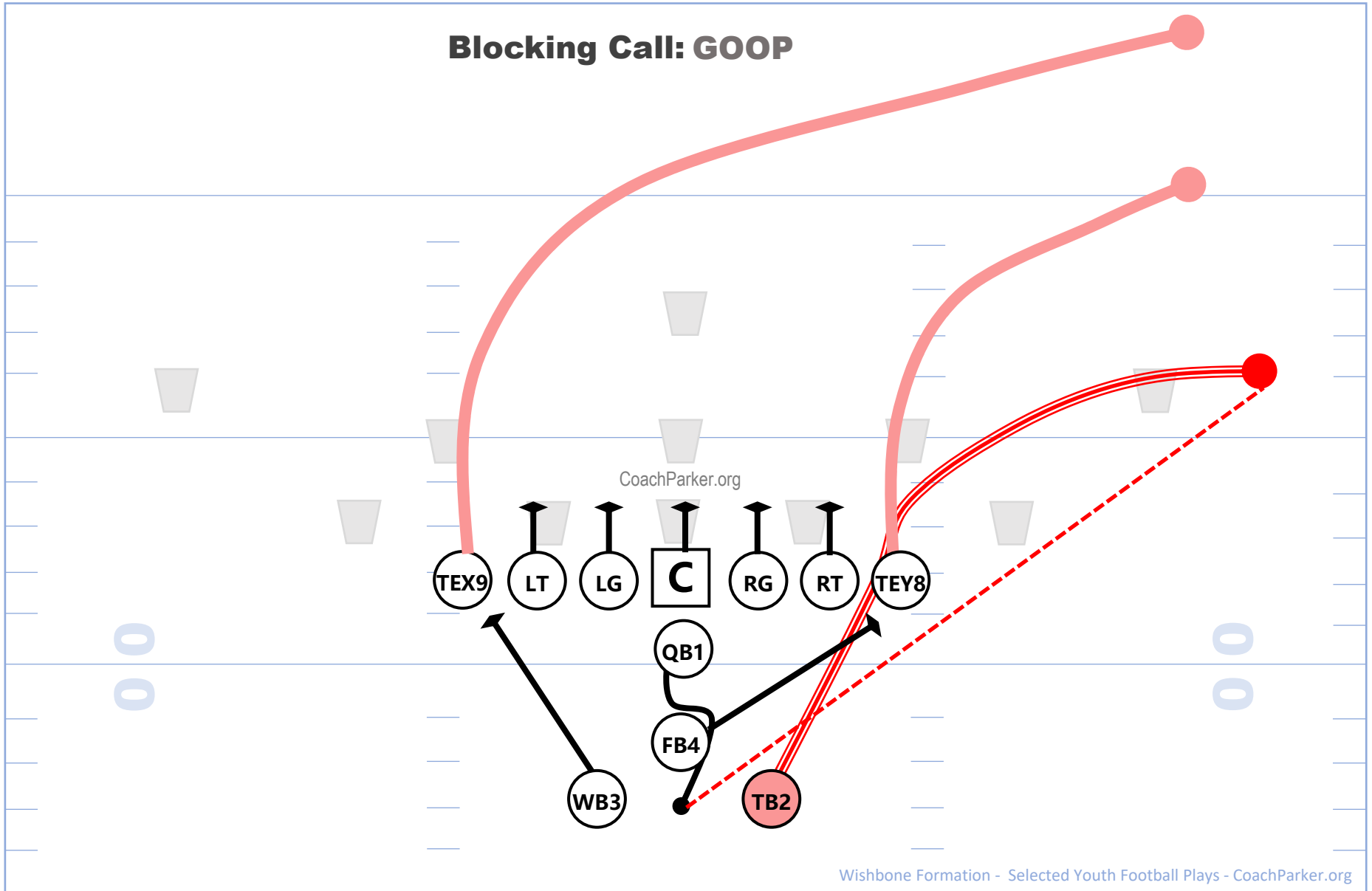
WB Spin FB 44 Gpull Trap



WB XY Pop Pass

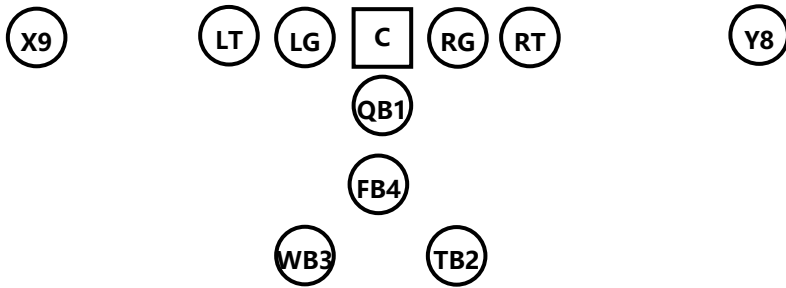


WB Right Flood Pass

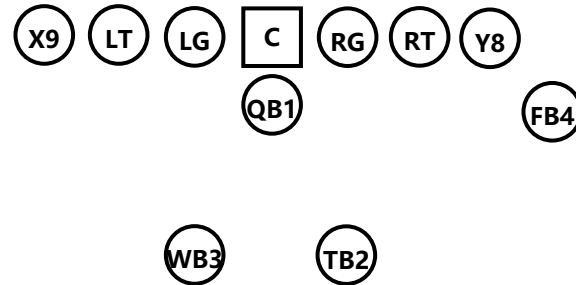


Formations 2

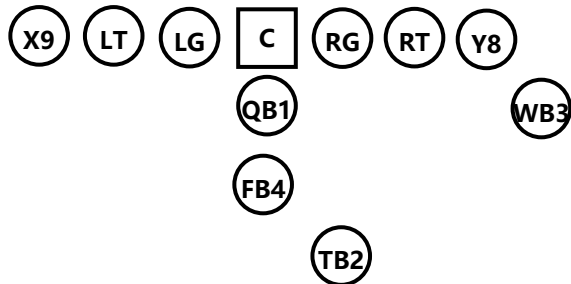
Wishbone Double Splits



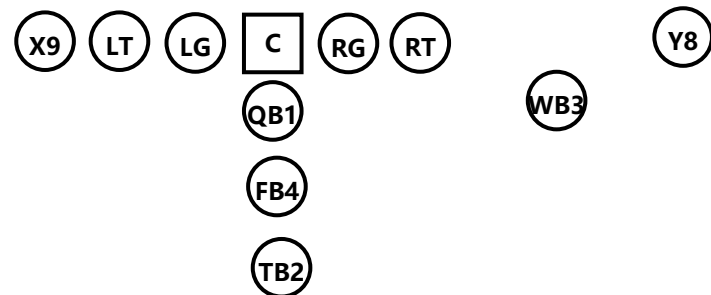
Splitbone Right



Brokebone Right

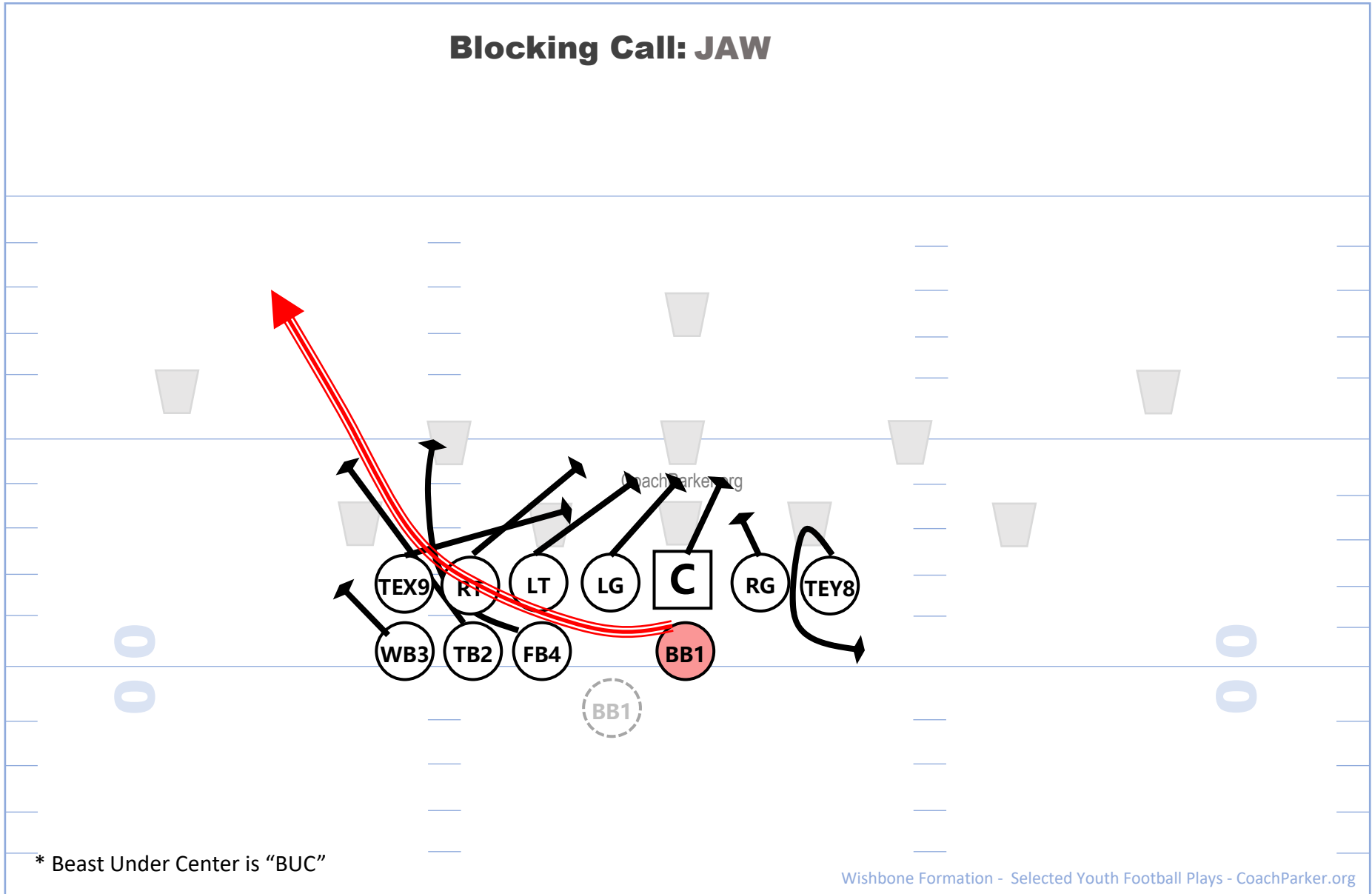


I-Bone Right – Y Split



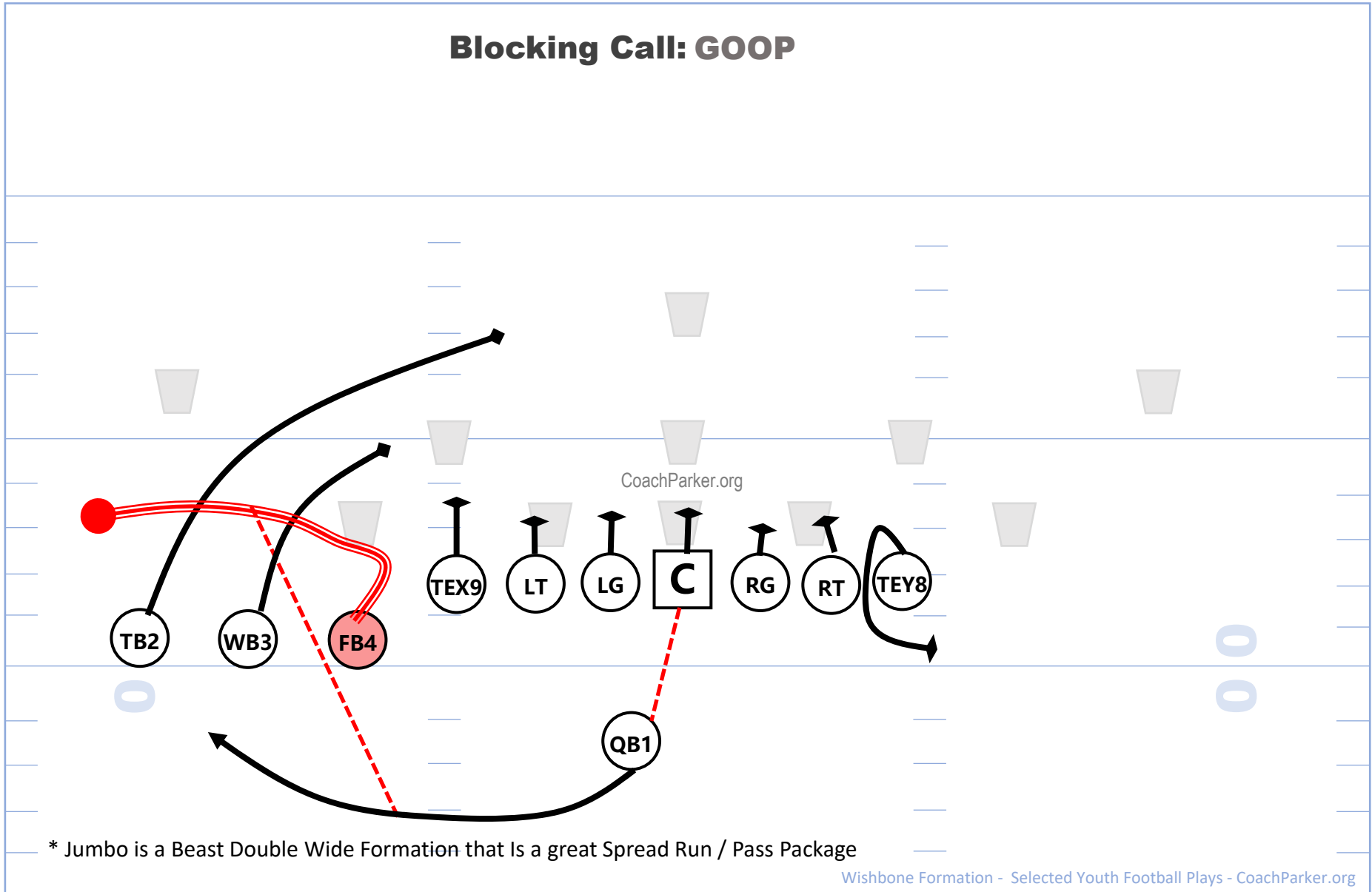
Beast “BUC” 16/8 Power Play “Tank”

Blocking Call: JAW



* Beast Under Center is “BUC”

Jumbo Option Double Curl Quick Out Pass

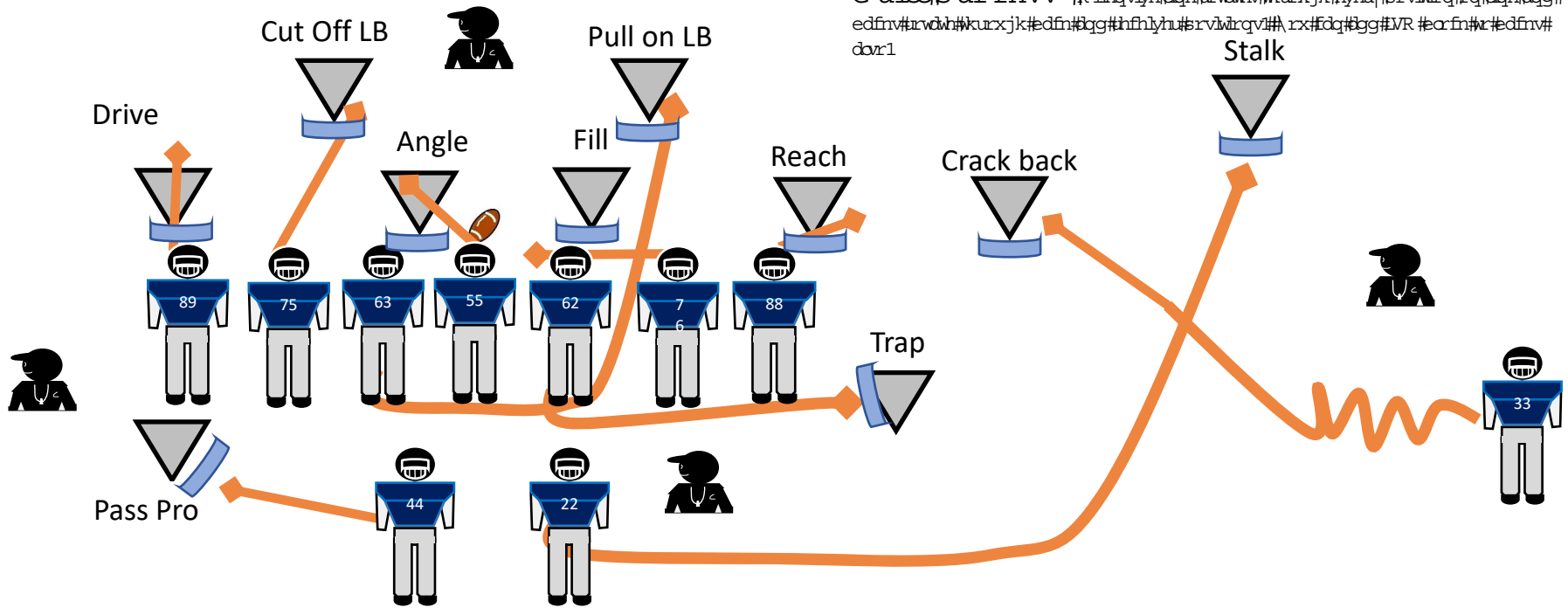


Blocking Pod

Sxusrvh=# run#q#d#gl#ihuhq#R ihqvly#e#arfn#rxu#hdp #v#v#paulqj#dp h#p#
v#v#q#h#

Vh#s=##h#s#x#p eh#i#e#arfn#qj#v#v#q#v#e#v#q#r#z #p #d#q|#a#|h#v#|r#x#k#d#y#h#
x#v#q#g#u#l#o#h#r#x#p #d|#r#q#d#d#q#r#h#h#s#k#d#h#h#e#arfn#r#p #d#h#p#s#d#h#h#s#h#d#|h#v#
z #h#h#s#k#h#i#h#v#h#g#h#r#v#h#h#k#u#r#j#k#e#h#h#q#v#h#e#d#|h#v#h#e#r#d#f#k#h#v#e#h#o#s#h#u#d#y#z #k#
k#r#e#d#j#v#h#

Gulo\$ur fhv=# ihqvly#h#q#h#r#v#h#h#k#u#r#j#k#h#y#h#|e#r#v#l#r#q#r#q#h#h#q#
e#d#f#v#h#r#v#h#h#k#u#r#j#k#e#d#f#v#h#h#f#h#y#h#e#r#v#l#r#q#v#h#h#r#x#h#d#q#h#g#h#v#R #e#arfn#r#e#d#f#v#h#
d#o#r#l



Video Link - <https://youtu.be/QEDgSM7htiE>

Other eBooks by Coach Parker

@ <https://coachparker.org/youth-football-playbooks-store/>

- 1) Power Wing Beast Offense
- 2) Pirate 62 Multi 8 Youth Football Defense
- 3) Wildcat Spread Offense
- 4) Coach Parker's Youth Football Drills
- 5) JAWS Coaching Youth Football O-line Blocking
- 6) Wolfpack 7on7 Plays
- 7) 8 Man Beast Offense Plays
- 8) O-line One Pager Practice Plan

