

Parker's Pirate

62 Multi 8 Defense

Youth Football Defense



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**BY:
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About the Author

Coach Parker has been coaching youth sports since 1994. He has coached 20 youth football tackle seasons and 10 non-contact, flag and 7on7 youth football seasons in Colorado and Texas. In 1994, he was a member of the Plano Sports Authority Football Coaching Staff of the Year and served as a KYA Football Commissioner in 2015 for one year. He developed the KYA Coaches Clinic materials and presented the KYA Football Coaches Clinics for several seasons. Coach Parker grew up in Texas; living, breathing and playing football. He started playing football in 3rd grade at the Spring Branch Dad's Club YMCA for a top Select youth football team, the Bulldogs, and played through HS at Klein Forest HS in Houston, TX. Coach Parker has game experience playing; Center, O-Guard, O-Tackle, Fullback, Noseguard, Defensive Tackle, D-End, Middle LB and Outside Linebacker. He has coached youth tackle football for Plano Sports Authority, Arvada Midget Football Assoc. (Denver) Texas School of Football, Premiere Youth Football, American Youth Football, and Keller Youth Association Football.

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How to Use this Book

This book is a companion book to my YouTube video series on the 62 Multi 8 Youth Football Offense. You can find all the videos and more youth football coaching tips, drills, playbooks and more at CoachParker.org. The videos are at this link...

<https://coachparker.org/62-multi-8-defense-video-series/>

You can also find the videos on YouTube at

<https://www.youtube.com/playlist?list=PLEaSh6IHbtQ9NGfajeudBB5BBoippZUXk>

Find me on Facebook at

<https://www.facebook.com/youthfootball/>

Find me on Twitter at

https://twitter.com/coachparker_org

If you would like to contact me, please feel free to do so at

<https://coachparker.org/about-coach-parker/contact-me/>

Enjoy the book and videos.

Thanks,

Coach Parker

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Introduction:

The 62 Multi 8 Defense for Youth Football

After 20 seasons of coaching youth football as a defensive minded coach, I learned that one Defensive formation will not consistently win games, especially in very competitive youth football leagues. This is why I developed The 62 Multi 8 Defense for Youth Football, or for short, the 62x8 Defense. One defensive formation is too predictable throughout a youth football season for a playoff berth season to season. Experienced Offensive Coordinators will scout your defense and find its weaknesses. Defensive Coordinators must

learn to hide these weaknesses and become unpredictable in games, throughout the season and during a playoff berth to the Championship game.

How do you beat top teams? I found my answer in the **Multiple Defense** to defend against multiple teams, offenses, and formations that I coached against each youth football season. Football is king in Texas and youth football is very competitive in North Texas. The 62 Multi 8 Defense is Texas football game tested and a proven

youth football defensive system shutting down many powerful youth football offenses both in Recreational and Select leagues.

In 2008, I started writing my very popular and Nationally Recognized youth football blog at CoachParker.org and publishing many articles on coaching youth football. After years of playing, coaching, researching, studying, and writing about youth football, I decided to share my multiple defensive system in this book, The 62 Multi 8 Defense for Youth Football.

How Did the 62 Multi 8 Concept Start?

How did I come up with the Multiple defensive concepts? In 1994, I began coaching youth football in Plano TX with a friend from work and a High School buddy for a Head Coach that knew nothing about coaching football. We coached an 8u team and made it to the playoffs. We won Coaching Staff of the Year that season so we did something right even though we lost in the playoffs. We played decent offense but very good defense. We held the league's 8U top scoring team and eventual Super Bowl winner to a shut out; losing only in a

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Why a Multi Defense?

- One defensive formation has a weakness the offense will eventually find
- Multiple Defenses hides weaknesses
- Confuse the Offense with Multiple Fronts
- Multiple fronts upset blocking schemes
- Creates Chaos for Offense.
- Defense Evolves and Grows with Team
- It's funner!

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3rd try tie breaker on a dropped extra point pass. In that 1994 season, we started out using a 6-2 / 5-2 Monster Hybrid Defense, which Coach Charlie and I played in High School at Klein Forest in Houston, Texas. As the season progressed we installed a 70 Diamond / 70 Umbrella and a goal line Gap 8 to stop a few of the top teams and give us a stronger run defense. In my third season coaching youth football I was running a Tight 62 on defense. During that season 2007, I read about the 62 Wide Tackle, 4-4 stack and Gap 8 defenses and that's when I started formally developing the 62 Multi 8 Defense approach. I really had a multiple defensive mindset from my first season coaching but had not formalized it just yet. I knew from my HS coaches that each team was different and each opposing offense needs to be defended differently. In HS we had installed a few defenses for the top teams and changed up personnel for those games. So I saw Multiple Defenses early as a player. I was also a linebacker in HS and I have a defensive coaching philosophy; Defense wins Championships!

After employing a Multi Defensive approach in 2007 against one of the top teams in our league, I overheard the opposing coaches talking about our winning defense to another opposing coach right after our game while scouting another opponent. He said we played "street ball defense" because we were lined up all over the place. He told the other coach we were so unorganized they had no idea how to block us or what defense we were running. Yes, coach, we confused you and your offensive line. You had no idea where we were coming from on any play. Why would I sit in a defense that lets you run your favorite off-tackle single wing play every down? A Multiple Defense creates confusion through variety and reduces the defenses predictability.

Why The 62 Multi 8 Defense? Since 2009, this proven defensive system has been played by my youth football teams in Texas. Texas is a very large competitive youth football market attracting top tier young athletes. My winning percentage is close to 70% with almost perfect playoff berths and 7 Bowl appearances. The 62 Multi 8 Defense system continues to prove itself with Texas youth football teams from 1st grade to 6th grade teams in sizable Recreational and Select youth football leagues with registered players from 500 to 1,000 student athletes.

Each season, my defenses are usually one of the top ranked defenses in their respective leagues. You can rest assured that twenty years of youth football coaching experience, and 45+ years of football knowledge is now available to you in this book, my blog and online coaching videos. The 62 Multi 8 Defense was developed over 20 plus seasons coaching youth football in Dallas / Ft. Worth, TX and Denver, CO as a Head Coach / Defensive Coordinator and or an Assistant Head Coach / DC.

Benefits of the 62 Multi 8 Defense

- Proven 62 Defensive Formations
- Played and Tested in Highly Competitive Texas Youth Football
- Hides Defensive Formation Weaknesses
- Masks Player Talent Shortcomings

- Match Talent to Formations
- Confuses Youth Offensive Linemen Blocking Assignments
- Creates Chaos for the Offensive Coordinator to Scout
- Evolves and Grows with Your Team

The player shifts also confuse young offensive linemen who want to focus on a defensive player and not a blocking rule. The 62 Multi 8 Defense can also help your defense hide talent and inexperience shortcomings through the formation shifts and blitz calls.

Are you Ready to Make a Defensive Change?

Are you running just one Defensive formation all season against multiple opponents and various offensive formations? Or do you need a change to stimulate a lack luster defensive performance last season? Or are you a rookie youth football coach or even an experienced defensive coordinator just looking for some new and innovative ideas on how to coach defense? If so, then this book might help you win a few more games by coaching and playing great defense all season. The 62 Multi 8 Defense for Youth Football is a unique youth football defensive system. This Coaches Manual organizes and compresses 20 plus seasons of youth football coaching experience into a simple comprehensive defensive scheme to defend and more importantly attack just about every youth football offense played today. The 62 Multi 8 Defense is game tested and proven successful in rec and select leagues in Colorado and Texas.

This book will outline the foundation to understand and teach the 62 Multi 8 Defense. It will cover the basic formations, positions, alignments, assignments and physical / mental requirements to play each position. The book will also go over the blitz packages, formation tags, calls and hand signals that I use to call a game. I will also throw in some of my favorite drills and some hints on what to look for in certain players to make your defense shine. I will briefly review pass coverage but since this is youth football I will not go over coverages in great detail.

After reading this book, youth football coaches coaching teams ages 5 to 12 should be inspired to think about their current defense and review it against the 62 Multi 8 Defense's multiple capabilities and be ready to teach a new proven and successful Defensive scheme. I hope you enjoy the 62 Multi 8 Defense for Youth Football.

Check out my free companion 62 Multi 8 Defense instructional videos at my YouTube Channel at <http://YouTube.com/StephenParker> .



**You never lose a game if
the opponent doesn't score.**

Coach Darrel Royal